



# JUNIOR LINXX

www.LinxxAcademy.com



## Total Defense (Ages 7-12)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White		5:00 - 5:45		5:00 - 5:45		10:00-10:45
Yellow		5:00 - 5:45		5:00 - 5:45		10:00-10:45
Gold		5:00 - 5:45		5:00 - 5:45		10:00-10:45
Green		5:00 - 5:45		5:00 - 5:45		10:00-10:45
Blue		6:00 - 6:45		6:00 - 6:45		11:00 - 11:45
Purple		6:00 - 6:45		6:00 - 6:45		11:00 - 11:45
Purple 1		6:00 - 6:45		6:00 - 6:45		11:00 - 11:45
Red		6:00 - 6:45		6:00 - 6:45		11:00 - 11:45
Red 1		6:00 - 6:45		6:00 - 6:45		11:00 - 11:45
Brown		6:00 - 6:45		6:00 - 6:45		11:00 - 11:45
Brown 1		6:00 - 6:45		6:00 - 6:45		11:00 - 11:45
Brown/Black		6:00 - 6:45		6:00 - 6:45		11:00 - 11:45
Black		6:00 - 6:45		6:00 - 6:45		11:00 - 11:45

## Little LINXX (Ages 5 and 6)

All Ranks	4:00 - 4:45		4:00 - 4:45		4:00 - 4:45	
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## Jiu-Jitsu

All Ranks	5:00 - 5:45		5:00 - 5:45		5:00 - 5:45	
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“Linking Practical Defense and Personal Development”  
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